



Be an Active Bystander

What can Bystanders do to make a difference here at Craven Community College?

- Believe someone who tells you they have been sexually assaulted, are in an abusive relationship or are experiencing stalking or cyberstalking.
-
- Be respectful of yourself and others - make sure every sexual act you and your partner engage in is consensual, every time you initiate greater intimacy.
-
- Watch out for your friends and classmates -- if you come across someone who looks like they are in trouble, check with them and make sure they are okay. If you see a friend doing something suspect -- say something.
-
- Speak up -- if someone says something offensive, derogatory, racist, sexist, or abusive and let them know that this behavior is not okay, and not acceptable.
-
- **Be informed, and get involved** -- attend the sexual assault awareness trainings offered on campus and invite the groups or organizations that you belong to. Feel free to ask local professional agencies (Promise Place, Coastal Women's Shelter, RHA and Craven County Sheriff's Deputies) to introduce sexual assault prevention, domestic violence awareness, stalking, bystander intervention techniques, bullying awareness and prevention, and/or abduction prevention, to your group. Join the SGA & Ambassador initiate to become an active bystander, help us prevent sexual violence at Craven Community College.

Thank you for making a difference!