



**STUDENT HEALTH FORM 2020-2021**  
**Health Programs Learning Center and Emergency Medical Services**

**Curriculum Programs**

- Associate Degree Nursing
- Medical Assisting
- Practical Nursing
- Physical Therapy Assistant
- Health Information Technology

**Workforce Development Programs**

- NC Activity Director
- Physical Therapy Technician
- NC Nurse Aide I
- NC Nurse Aide II
- Veterinarian Assistant
- Pharmacy Technician
- Phlebotomy Technician
- Emergency Medical Services (EMS)

**Dr. J. Alec Newton**  
Dean Health Programs  
252.638.7342  
[newtona@cravenc.edu](mailto:newtona@cravenc.edu)

**Alexa Tarplee**  
Medical Assisting program Coordinator  
252.638.1031  
[tarpleea@cravenc.edu](mailto:tarpleea@cravenc.edu)

**Crystal Smith**  
HIT/MOA Program Coordinator  
252.638.7316  
[smithcr@cravenc.edu](mailto:smithcr@cravenc.edu)

**Daniel Friedlander**  
Physical Therapy Assistant Program  
Coordinator  
252.638.7341  
[friedlanderd@cravenc.edu](mailto:friedlanderd@cravenc.edu)

**Katie Jenkins RN**  
Workforce Development Coordinator II  
(Health Programs)  
252.638.6127  
[jenkinsk@cravenc.edu](mailto:jenkinsk@cravenc.edu)

**Pat Voliva RN**  
Workforce Development Coordinator I  
(Healthcare Programs)  
252.638.1030  
[volivap@cravenc.edu](mailto:volivap@cravenc.edu)

**Jon Stephens, EMTP**  
EMS Workforce Development Coordinator II  
252.672.4698  
[stephens@cravenc.edu](mailto:stephens@cravenc.edu)

**Guidelines for Workforce Development:** Activity Director, Nurse Aide I, Nurse Aide II, Pharmacy Technician, Phlebotomy, Physical Therapy Technician, and Veterinarian Assistant Students

**The following are required:** *Subject to change with clinical site requirements*

<b>Activity Director</b>	Flu shot (Fall class) Hepatitis B series or titer PPD/TB test: a. TB Gold Quantiferon Test <b>OR</b> b. Two Step TST Tests (document results in mm induration) <b>OR</b> c. Chest x/ray documentation within 6 months of class start date + TB Surveillance Questionnaire form
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<b>Phlebotomy</b>	Hepatitis B series or titer Flu shot (Fall and Spring classes) PPD/TB test: a. TB Gold Quantiferon Test <b>OR</b> b. Two Step TST Tests (document results in mm induration) <b>OR</b> c. Chest x/ray documentation within 6 months of class start date + TB Surveillance Questionnaire form
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<b>Veterinarian Assistant</b>	T-DAP (Current status documented or booster) Hepatitis B series or titer Flu shot (Fall and Spring classes)
<b>Nurse Aide I</b>	Hepatitis B Series or titer
<b>Nurse Aide II</b>	<p>Flu shot (Fall and Spring classes) Hepatitis B series or titer PPD/TB test Flu shot (Fall and Spring classes) PPD/TB test.</p> <p>a. TB Gold Quantiferon Test <b>OR</b> a. TB Gold Quantiferon Test b. Two Step TST Tests (document results in mm induration) <b>OR</b> b. Two Step TST Tests (document results in mm induration) c. Chest x/ray documentation within 6 months of class start date + TB Surveillance Questionnaire form <b>OR</b> c. Chest x/ray documentation within 6 months of class start date + TB Surveillance Questionnaire form</p>

<b>Physical Therapy Technician</b>	<p>Hepatitis B series or titer Flu shot (Fall and Spring classes) PPD/TB test: a. TB Gold Quantiferon Test <b>OR</b> b. Two Step TST Tests (document results in mm induration) <b>OR</b> c. Chest x/ray documentation within 6 months of class start date + TB Surveillance Questionnaire form</p>
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\*\*\*If a Workforce Development student has a rotation at Carolina East Medical Center or Carteret General Hospital, an entire shot/test packet is required.

Please contact a Workforce Development Coordinator, at [jenkinsk@cravenc.edu](mailto:jenkinsk@cravenc.edu) or [volivap@cravenc.edu](mailto:volivap@cravenc.edu) for more information.

For specific questions regarding **EMS requirements**, please contact Jon Stephens, Workforce Development Coordinator II, at [stephensj@cravenc.edu](mailto:stephensj@cravenc.edu) or 252.672.4698

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**Workforce Development Students must have the highlighted areas completed within 60 days of class start date, by a medical professional.**

**(Medical Doctor, Nurse Practitioner, Physician or Health Department Nurse)**

Craven Community College

Physical Examination

Program \_\_\_\_\_

Student Printed Name: \_\_\_\_\_ Student ID \_\_\_\_\_

Number: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Zip \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ TPR \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ BP \_\_\_\_\_/\_\_\_\_\_

<b>VISION</b>		<b>HEARING</b>	
Corrected	Right 20/ _____ Left 20/ _____	(gross)	Right _____ Left _____
Uncorrected	Right 20/ _____ Left 20/ _____	15 ft.	Right _____ Left _____
Color Vision	_____		

Are there abnormalities?	Normal	Abnormal	DESCRIPTION (attach additional sheets if necessary)
1. Head, Ears, Nose, Throat			Hearing Deficits?
2. Eyes			
3. Respiratory			
4. Cardiovascular			
5. Gastrointestinal			
6. Hernia			
7. Musculoskeletal			
8. Metabolic/Endocrine			
9. Neuropsychiatric			
10. Skin			

Is student under treatment for any medical or emotional condition? Yes \_\_\_\_\_ No \_\_\_\_\_

Explain \_\_\_\_\_

Based on my assessment of this student's *physical and emotional health* on (date) \_\_\_\_\_, he/she appears able to participate in the activities of a health profession in a clinical setting and provide safe care to the public. \*Pregnancy\*  
YES \_\_\_ NO \_\_\_  
If No, please explain \_\_\_\_\_.

Is student physically healthy? Yes \_\_\_ No \_\_\_

Explain \_\_\_\_\_

Is student emotionally healthy? Yes \_\_\_ No \_\_\_

Explain \_\_\_\_\_

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Signature of Physician/Physician Assistant/Nurse Practitioner \_\_\_\_\_ Date \_\_\_\_\_

Print Name of Physician/Physician Assistant/Nurse Practitioner Area Code/Phone Number \_\_\_\_\_

Office Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Certain **functional abilities** are essential for the delivery of safe, effective care during clinical experience activities. The Nursing Faculty, utilizing clinical site standards, has determined that certain technical standards are requisite for progression and graduation from the healthcare programs.

**The student must be able to:**

1. Walk, stand for long periods of time, stoop, reach, lift, and bend.
2. Lift, turn, support, move, position and transport patients of all weights and ages (newborns, pediatrics, adolescents, adults, and geriatrics).
3. Access all patient bedsides and to respond immediately to an emergency situation anywhere in the hospital.
4. Reach for, using fingers without restriction to handle records/reports in keying of data into a computer or other device.
5. Use manual dexterity to render patient care.
6. See and fully communicate (both orally and written) with patients, doctors, and other employees either in person or over the telephone.
7. Work effectively with others demonstrating tact, discretion, and diplomacy.
8. Must be able to maintain calm, effective, and accurate performance in stressful situations.
9. Follows directions and performs assigned activities.
10. Work varied schedules.
11. Work around blood and bodily fluids, and potentially infectious organisms

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Craven Community College Program \_\_\_\_\_

Student Printed Name: \_\_\_\_\_ Student ID Number: \_\_\_\_\_

A complete immunization record from a physician or clinic may be attached to this form.

<b>IMMUNIZATION RECORD</b>	<b>(Please print in black ink) To be completed and signed by physician or clinic. A complete immunization record from a physician or clinic may be attached to this form.</b>			
	Date	Date	Date	Date
• DTP or Td	(#1)	(#2)	(#3)	(#4)

• Tdap within 10 years				
• Polio				
• MMR (after first birthday)				
• MR (after first birthday)				
• Measles (after first birthday)			*** (Disease Date NOT Accepted)	**** Titer Date & Result
• Mumps			*** (Disease Date NOT Accepted)	**** Titer Date & Result
• Rubella			*** (Disease Date NOT Accepted)	**** Titer Date & Result
• Hepatitis B Series/Titer	(#1)	(#2)	(#3)	**** Titer Date & Result
• Varicella (Chicken pox) series of two doses or positive titer after the two doses. • May have positive immunity by titer due to disease even if no vaccine • Disease Date not Accepted; positive titer without Vaccination accepted			*** (Disease Date NOT Accepted)	**** Titer Date & Result
• Tuberculin (TST) Test	Date Read	mm induration	Date Read	mm induration
• Chest x-ray, if positive TST; annual surveillance form	Date			
• Influenza (Required annually during flu season with due date announced each Fall Semester)	Date			

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**Signature or Clinic Stamp REQUIRED:**

\_\_\_\_\_  
**Signature of Physician/Physician Assistant/Nurse Practitioner** **Date**

\_\_\_\_\_  
**Print Name of Physician/Physician Assistant/Nurse Practitioner** **Area Code/Phone Number**

\_\_\_\_\_  
**Office Address** **City** **State Zip Code**

\*\* Must repeat Rubeola (measles) vaccine if received even one day prior to 12 months of age.

\*\*\* Only laboratory proof of immunity is acceptable, not history of disease, if the vaccine is not taken.

\*\*\*\* Attach Lab report

Student Printed Name: \_\_\_\_\_ Student ID: \_\_\_\_\_  
Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Medical Professional Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Chest x/ray documentation required with this form.

**Craven Community College  
TB Surveillance Questionnaire  
Initial/Annual Form**

Please note that this questionnaire is for students who have identified themselves and/or presented documents that determine a documented positive TB test reaction or converter, or directed by the program coordinator. The form will be a part of the student medical record.



\*It is important that you furnish records of the initial conversion/reaction to the TB test and all treatments given, if any. Submit a report of any x-ray completed at the time of the treatment or since then as available. After this initial documentation, the Student Annual Questionnaire must be completed for subsequent annual TB surveillance.

Please respond to the questions listed below and return as directed.

Are you having any of these symptoms?

1. Unplanned weight loss (more than 10 percent of body weight)? **Current Weight:** \_\_\_\_\_  
\_\_Yes \_\_No
2. Night sweats (that cause you to have to change the bed sheets)?  
\_\_Yes \_\_No
3. Chronic cough in absence of cold or flu (greater than 3 weeks)?  
\_\_Yes \_\_No
4. Coughing blood-streaked sputum?  
\_\_Yes \_\_No
5. Fever lasting several weeks?  
\_\_Yes \_\_No
6. Pain in chest when taking a breath?  
\_\_Yes \_\_No
7. Unusual tiredness or weakness lasting several weeks?  
\_\_Yes \_\_No
8. Have you been diagnosed with diabetes, silicosis, renal disease, or liver disease or said to be immunocompromised?  
\_\_Yes \_\_No
9. Have you been diagnosed with pneumonia during the past year?  
\_\_Yes \_\_No
10. Have you traveled outside of the United States within the past year since you were previously evaluated for signs/symptoms of tuberculosis?  
\_\_Yes \_\_No

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Degree Health Programs:

1. A physical examination must be submitted prior to clinical experience. These exams must have been completed within the year prior to enrollment. The required results include:
  - a) Tuberculin Test (TST): Two Step TST=Two TST Tests within the same 1-3 week period
    - **Upon Admission:**
      - TB Gold Quantiferon Test **OR**
      - Two Step TST Tests (document results in mm induration)

- **Upon Renewal:**
  - If a TB Gold Quantiferon submitted on admission, TB Gold Quantiferon test or 2 Step TST test must be done
  - If two step TST tests on admission one TST
  - Tuberculosis note: Past+TST; must have documentation of negative CXR since date of +TST test; symptom screening to be performed annually by healthcare provider
  - If current TST +, Documentation of compliance and ability to return to clinical by provider
- b) Measles, Mumps, Rubella (each component): 2 doses or positive titer (results include ref range)
- c) Varicella: 2 doses or positive titer (results include ref range)
- d) Tetanus/Diphtheria/ (Tdap): 1 dose Tdap/TD booster every 10 years
- e) Hepatitis B (HBV) Series:
  - Energix-B or Recombivax-B 3 doses (0, 1, and 6 months); **OR**
  - Hepilisav-B 2 doses (0 and 1 month); **OR**
  - Positive titer (results include ref range)
  - (For Declination or Waiver, a copy must be on file at the school.)
- f) Influenza: Annual- before October 15<sup>th</sup> each year  
(For Declination or Waiver, a copy must be on file at the school and meet the requirement of medical contraindication or religious belief and be approved by the facility or agency)

2. Included within the physical examination is a statement by the examining physician certifying that the applicant is free of any disease (physical or mental) which would impair their ability to perform his or her duties in a health-related field.

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3. The medical results are reviewed prior to the candidate's participation in the clinical areas. An applicant or student will be required to follow-up any significant findings or discrepancies identified on the physical exam.

4. Immunizations are required for health program students. This procedure may be hazardous in the event of pregnancy. A doctor should be consulted if the immunization is necessary. Immunizations may be waived with a document signed by a physician, physician assistant, or nurse practitioner stating medical reasons. The clinical agency has the right to accept or deny a waiver request.

5. Immunizations must be current or the student will not be allowed in the clinical setting. Absences for delinquency in maintaining current immunizations will not be excused.

### **Guidelines for Technical/Functional Abilities Required for Health Professionals and Students**

#### **Nursing, Emergency Medical Services (EMS), Activity Director, Nurse Aide I, Nurse Aide II, Phlebotomy, Physical Therapy Technician and Veterinarian Assistant Students:**

Certain functional abilities are essential for the delivery of safe, effective care during clinical experience activities. The Nursing Faculty, utilizing clinical site standards, has determined that certain technical standards are requisite for progression and graduation from the nursing programs. The student must be able to:

1. Walk, stand for long periods of time, stoop, reach, lift, and bend.
2. Lift, turn, support, move, position and transport patients of all weights and ages (newborns, pediatrics, adolescents, adults, and geriatrics).
3. Access all patient bedsides and to respond immediately to an emergency situation anywhere in the hospital.
4. Reach for, finger and handle records/reports in keying of data into a computer or other device.
5. Use manual dexterity to render patient care.
6. See and fully communicate (both orally and written) with patients, doctors, and other employees either in person or over the telephone.
7. Work effectively with others demonstrating tact, discretion, and diplomacy.
8. Must be able to maintain calm, effective, and accurate performance in stressful situations.
9. Follows directions and performs assigned activities.
10. Work varied schedules.
11. Work around blood and bodily fluids, and potentially infectious organisms.

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#### **Medical Assisting Students:**

Certain functional abilities are essential for the delivery of safe, effective medical assisting care during clinical experience activities. The Medical Assisting faculty, utilizing clinical site standards, has determined that certain technical standards are requisite for progression and graduation from the Medical Assisting program.

The student:

1. Possesses the ability to walk, stand for long periods of time, stoop, reach, lift, and bend.
2. Possesses the ability to lift, turn, support, move, position and transport patients of all weights and ages (newborns, pediatrics, adolescents, adults, and geriatrics).

3. Is able to access all patient bedsides and to respond immediately to an emergency situation anywhere in the facility.
4. Is able to reach for, finger and handle records/reports in keying of data into a computer or other device.
5. Possesses manual dexterity to render patient care.
6. Must be able to see and fully communicate (both orally and written) with patients, doctors, and other employees either in person or over the telephone.
7. Works effectively with others demonstrating tact, discretion, and diplomacy. Must be able to maintain calm, effective, and accurate performance in stressful situations.
8. Follows directions and performs assigned activities.
9. Capable of working varied schedules.
10. Must be able to work around blood and bodily fluids, and potentially infectious organisms.

### **Physical Therapy Assistant and Physical Therapy Technician Students:**

Working conditions that the PTA should be expected to face and manage professionally could include: high patient caseload, crowded conditions, stressful environment due to any combination of the following: suddenly reduced staff, equipment failures, lack of adequate or desired supplies, staff or personnel problems reflected in spontaneously adverse behaviors. Such conditions will have been discussed and perhaps simulated and acted out or written out in problem-solving segments of specific courses in our curriculum.

- Students and graduates may be required to perform at a moderate work capacity such that a graduate can safely lift and carry equipment and supplies/materials up to 50 pounds without help, and over 50 pounds with assistance of mechanical devices or other personnel.

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- Students and graduates must be able to use appropriate body mechanics necessary to: stop, push/pull adequately to move a patient or equipment into position for treatment as well as to execute and complete that treatment, always being aware that potential risk for back injuries is high.
- Students typically sit for 2-10 hours daily, stand for 1-2 hours daily, and walk or travel 2 hours daily.
- Students frequently bend, twist, and stoop and occasionally crawl, climb, reach above shoulder level, and kneel.
- Students frequently stand and walk while providing support to a classmate simulating a disability or while supporting a patient with a disability.

- Students continuously use their hands repetitively with a simple grasp and frequently use a firm grasp and manual dexterity skills,
- Students frequently coordinate verbal and manual activities with gross motor activities.
- Visual and Auditory Acuity – accurate perception of colors and average hearing ability to beware of a patient’s reaction to treatments or to anticipate potential hazards as well as to read instructions and heed safety warnings or be able to make appropriate adaptations.
- Written and Oral Comprehension and Documentation Abilities – to understand and interpret medical terminology as it applies to physical therapy; to communicate with clients, staff, physicians, visitors, and to prepare precise and succinct reports, progress notes, and other data that record patient treatments, reactions, and evaluate their progress.

### **Health Information Technology Technical Standards**

Essential functions are those considered necessary or fundamental to performance of a job. In postsecondary education, the student’s job is to learn and participate in an academic environment and the clinical environment as well. The student, with or without reasonable accommodation, must possess these essential functions.

1. Must be able to use computer programs following written instructions, (e.g. word processing, spreadsheet, presentation, database, flow-charting software, plus health information programs (e.g., electronic health records, encoders, tracking systems, etc.) Jobs may include up to eight hours per day of computer work.
2. Must be able to protect confidentiality/security of health and facility/practitioner business information. Must be able to comply with laws, regulations and standards. Must show honesty/ethics including not cheating and not plagiarizing on assignments.

### **P12**

3. Requires psychomotor coordination of hands/eyes in using automated equipment, etc. Must be able to keyboard 40-45 words per minute, sort, assemble and file records from floor to ceiling level, and carry 25 pounds at waist height a distance of 50 feet. Must be able to read names/numbers on charts and voluminous paper or computerized medical records/reports/databases. Must be able to distinguish colors in color-coded systems, interpret codebooks and reference materials, and prepare office layouts, design forms and computer screens. Must be able to operate equipment such as computer, calculator, scanner, movable files, etc.
4. Must be able to exert up to twenty-five pounds of force and/or lift/move objects up to twenty-five pounds. Physical demands exceed that of sedentary work, (e.g.,

walking, sitting, standing, stooping, reaching, etc.) for extended time. Typical job is eight hours with a meal break and two short rest breaks during the shift.

5. Requires ability to communicate orally and in written form (or comparable communication skills) and use proper format, punctuation, spelling and grammar. Must use critical thinking, exhibit sound judgment, show emotional stability/maturity, show physical/mental stamina, and receive/share information/instructions from instructors, patients, physicians, and others in didactic and/or clinical setting.
6. Must complete tasks accurately and timely. Must be able to apply principles of logical/scientific thinking, deal with nonverbal symbolism, and comprehend concepts. Must be adaptable, able to make decisions related to class/lab/clinical assignments and have the ability to build/maintain constructive cooperative working relationships with others and develop goals/priorities to organize/accomplish work.
7. Must demonstrate professionalism, work alone or in teams, demonstrate integrity and sincerity, and show caring/sensitivity especially in areas of patient care. Must demonstrate neatness and good hygiene. Requires positive attitude when receiving constructive criticism. Must be willing to alter plans or change approaches in the learning/work environment, maintain composure and continue to function during stress. Must show dependability in attendance.
8. Must be able to utilize mathematical formulas, determine percentages/decimals; determine time; use metric systems, use/display descriptive statistics, calculate hospital statistics, productivity information, quality improvement studies, budgets, equipment and supply needs/costs, medical bills, etc. Must be able to apply algebraic formulas when preparing computerized spreadsheets.
9. Requires the ability to travel to and from any or all of the following: home of student, College campus, Professional Practice Experience facilities, public locations for the purposes of various meetings and other assigned locations off campus.